

SAINT JOHN
We're

in motion!

October 6



Join us for a giant ZUMBA® party to celebrate Saint John becoming an “in motion” city.

In Motion is an evidence-based health promotion strategy, which uses physical activity and healthy eating as a means to improving the health of New Brunswick communities.

- Four ZUMBA® instructors
- Saint John Millrats
- Fleaburn and Seamore
(Sea Dogs and Seawolves mascots)

October 6, 11:30am
Market Square



Celebrating Wellness Week in New Brunswick – October 1-7, 2010

